

P.E. Curriculum

P418	Senior Leadership
P348	Weight Training/Fitness
P347	<p>Strides in PE (Jr. & Sr.)</p> <ul style="list-style-type: none"> • Fitness • Golf • Bowling • Rollerblade/Rollerskate <ul style="list-style-type: none"> • Tennis • Softball • Team Building Activities
P322	<p>Jr. & Sr. Gym</p> <ul style="list-style-type: none"> • Fitness • Softball • Tennis • Speedball • Basketball • Badminton • Volleyball • Floor Hockey
P318	Junior Leadership
P215	<p>Sophomore Girls</p> <ul style="list-style-type: none"> • Flag Football <ul style="list-style-type: none"> • Soccer • Fitness • Basketball • Swimming • Volleyball • Pickleball • Tumble/Games
P213	<p>Sophomore Boys</p> <ul style="list-style-type: none"> • Flag Football <ul style="list-style-type: none"> • Soccer • Fitness

	<ul style="list-style-type: none"> • Basketball • Swimming • Volleyball • Pickleball • Tumble/Games
P115	<p>Frosh. Girls</p> <ul style="list-style-type: none"> • Fitness • Challenge • Swimming • Floor Hockey • Basketball <ul style="list-style-type: none"> • Dance • Flickerball/Games <ul style="list-style-type: none"> • Volleyball • Soccer
P113	<p>Frosh. Boys</p> <ul style="list-style-type: none"> • Fitness • Challenge • Swimming • Floor Hockey • Basketball <ul style="list-style-type: none"> • Dance • Flickerball/Games <ul style="list-style-type: none"> • Volleyball • Soccer
P116	Adapted PE
P111/222	Integrated/Peers